



Heat Safety Resources for Communities and Individuals

Heat-related illnesses in Vermont become much more common when temperatures warm to the mid-80s and above, especially on sunny and humid days. With summer kicking into high gear and the thermometer moving up, the Department of Health has unveiled a new interactive map where Vermonters can find nearby places to cool off during hot weather.

Vermonters and visitors to our state can now visit www.healthvermont.gov/climate/heat to find air-conditioned buildings, beaches, pools and other cooling locations available to the public.

Warm temperatures, and especially extreme heat and humidity, can quickly lead to sometimes serious heat-related illness and even death. Muscle cramps, heavy sweating, nausea, headache, or dizziness may all indicate onset of heat illness.

The Department of Health recommends taking frequent rest breaks, drinking plenty of fluids, and spending time in the shade or a cooled room during extreme heat. Certain people are at higher risk of heat-related illness. Those who work or exercise outdoors, older adults and young children, people with obesity or other chronic medical conditions, people taking certain medications, and people using drugs or alcohol, should take extra precautions.

The National Weather Service issues a heat advisory, watch, or warning when the forecasted heat index is dangerously high. The Heat index is a measure of how hot it feels when relative humidity is factored in with the actual air temperature.

Subscribe to VT Alert at

<https://vem.vermont.gov/vtalert> to be notified by phone, text or email when a heat alert is issued, and visit <https://www.weather.gov/btv/heat> for detailed heat forecast and safety information.

To help prepare for similar heat emergencies, the Health Department and Vermont's Regional Planning Commissions are partnering with communities to develop hot weather emergency response plans. Individuals and communities can email ClimateHealth@vermont.gov for more information. You can find a link to hot weather planning guidance for communities at <https://vem.vermont.gov/contact-us/newsletter/links>

Vermont Heat Safety Resources:

National Weather Service –

<https://www.weather.gov/btv/>

Follow @NWSBurlington

Vermont Department of Health –

www.healthvermont.gov/climate/heat

Follow @healthvermont

Vermont Emergency Management –

Follow @vemvt

Social Media: #VTHeatSafety



Chip Deasy Retires

Vermont Emergency Management Deputy Director Charles “Chip” Deasy began a well-deserved retirement on June 30th. Chip served as Deputy since 2017.

Chip’s retirement ends a career in emergency preparedness and response that spans decades. He came to VEM from the Vermont Department of Health where he served as the VDH Emergency Preparedness Chief in that department’s Division of Emergency Preparedness, Response, and Injury Prevention. At VEM he was instrumental in the division’s outreach to communities and partners regarding emergency management issues and initiatives.

Chip plans to spend his extra time camping, traveling, and spending time with his wife, children, and grandchildren. He will also continue as Assistant Chief of the Peacham Fire Department.



VEM’s Stephanie Smith Recognized as Resilient Hero

During the 2022 Resilient Vermont Conference, Vermont Emergency Management’s State Hazard Mitigation Officer Stephanie Smith was one of three individuals recognized with the Resilient Heroes Award. The award is presented by the Resilient Vermont Network and the Center for Global Resilience and Security at Norwich University.

The Resilient Heroes Award recognizes and celebrates individuals or organizations that exemplify the very definition and characteristics of the word resilience.

Stephanie’s contributions to resiliency are outlined in the statement submitted to support her nomination:

“Stephanie is the State Hazard Mitigation Officer

for Vermont, which entails working with FEMA grant programs to assist Vermont Communities in resiliency projects. Mitigation projects include voluntary home buyouts and drainage improvements in the floodplain. Her daily job is to help Vermont communities be more resilient to hazards, and she performs her job with passion and dedication. Over the last year she led the creation of the Vermont Flood Resilient Communities Fund from the ground up utilizing American Rescue Plan Act funding and the program has already allocated millions of dollars to flood vulnerable communities and individuals. This would not have been possible without Stephanie’s hard work.”

For more information on the state’s Hazard Mitigation Program and current funding opportunities visit:

<https://vem.vermont.gov/funding/mitigation>

VEM Training Schedule

Unless otherwise noted, registration for courses is required via State Learning Management System:

<https://vermont.csod.com/>

On-Going

K0419- Shelter Field Guide Training for State and Local Communities – Virtual

July 18-19, 2022 8:00 a.m.—1:00 p.m.

August 23-24, 2022 11:00 a.m.—4:00 p.m.

September 27-28, 2022 8:00 a.m.—1:00 p.m.

Registration required via NETC online admissions system. A link can be found at: <https://vem.vermont.gov/contact-us/newsletter/links>

July 2022

SEOC Orientation- In Person

DPS – Headquarters- Waterbury

July 13, 2022, 9:00 – 11:30 a.m.

Prerequisite: IS-100

NOTE: Individuals must be on the SEOC Roster to participate in this training.

September 2022

ICS 300- Intermediate ICS for Expanding Incidents – In Person

Hartford Fire Station- White River Jct, VT

September 27-29, 2022, 8:00 a.m. – 4:30 p.m. each day

Prerequisite: ICS-200

October 2022

MGT 417: Crisis Management for School-Based Incidents for Key Decision Makers- In Person
Londonderry Rescue Squad, Londonderry, VT
October 4, 2022 8:00am- 4:00pm & October 5, 2022, 8:00am- 3:30pm

A registration link can be found at: <https://vem.vermont.gov/contact-us/newsletter/links>

G0191 – ICS/EOC Interface – In Person

Castleton Fire Station, Castleton, VT
October 11, 2022 8:00 a.m. - 4:30 p.m.
Prerequisite: IS-200, IS-700 and IS-800

ICS 400- Advanced ICS for Command and General Staff – In Person

Springfield Fire Station- Springfield, VT
October 25-26, 2022, 8:00 a.m. – 4:30 p.m. each day
Prerequisite: ICS-300

November 2022

L0146 Homeland Security Exercise & Evaluation Program (HSEEP) - In Person

Rutland Regional Planning Commission
November 1-2, 2022 8:00 a.m. - 4:30 p.m. each day
Prerequisite: IS-120

G0191 – ICS/EOC Interface – In Person

St. Michael's College- Colchester, VT
November 5, 2022 8:00 a.m. - 4:30 p.m.
Prerequisite: IS-200, IS-700 and IS-800

Save the Date!

**Vermont Emergency Preparedness Conference September 20 & 21
Killington Grand Hotel**

SURVIVERMONT Overview

By Sunni Eriksen—Vermont School Safety Center

SURVIVERMONT! is a program that was created in order to educate and empower Vermonters with information about what they can do to protect themselves and their family members if they are confronted with an active shooter or violent threat situation, regardless of where they incident occurs.

This program combines 3 easy-to-remember concepts from established Federal public safety programs: See Something, Say Something; Run, Hide and Fight; and Stop the Bleed. Members of local community response agencies (law enforcement, fire, and EMS) will provide instruction on each program, with support from the State of Vermont.

See Something, Say Something: A national campaign that raises public awareness of the indicators of terrorism and terrorism-related crime, as well as the importance of reporting suspicious activity to state and local law enforcement. In July 2010, DHS launched the campaign with the goal of training state and local law enforcement to recognize behaviors and indicators of terrorism and terrorism-related crime. Law Enforcement will inform participants of ways to recognize and report suspicious behaviors to the appropriate entities.

Run, Hide, Fight: An Active Shooter is an individual actively engaged in harming or attempting to harm people in a confined and populated area. Active shooter situations are unpredictable and evolve quickly. Because active shooter situations are often over within 10 to 15 minutes, before law enforcement arrives on the scene, individuals must be prepared both mentally and physically to deal with an active shooter situation. Law Enforcement will provide information on option-based response to this threat: Evacuate, Hide, or Take Action.

Stop the Bleed: The result of a collaborative effort led by the American College of Surgeons Committee on Trauma (ACS COT) to bring knowledge of bleeding control to the public. There are multiple ways to control bleeding in an emergency, including applying direct pressure, packing the wound with bleeding control (hemostatic) gauze, and applying a tourniquet. Local EMS will provide information on how to perform life saving measures, including packing wounds and tourniquet use.

Upcoming training dates can be found at: <https://schoolsafety.vermont.gov/>

VEM Seeks Input from Partners

Vermont Emergency Management is seeking feedback from our local, regional and state partners in the areas of training, exercises, communication, resources, and program development. Your feedback will assist us in delivering better products and services over the next 3 years.

Please take this 10-minute survey found at <https://vem.vermont.gov/contact-us/newsletter/links> by July 20th.

If you have any questions or want to discuss the survey, please contact the Engagement Section Chief Emily.Harris@vermont.gov