



**ASPR**  
ASSISTANT SECRETARY FOR  
PREPAREDNESS AND RESPONSE



**FEMA**



**UNIFORMED SERVICES UNIVERSITY**  
*of the Health Sciences*

Until Help Arrives Program

Vermont Preparedness  
Conference

# Overview and Objectives

- Welcome
- Until Help Arrives (UHA) Overview
- Starting UHA in Your Community
- Success Story



# A Perfect Stranger Video

<https://www.youtube.com/watch?v=qBrMU0sLoHQ>



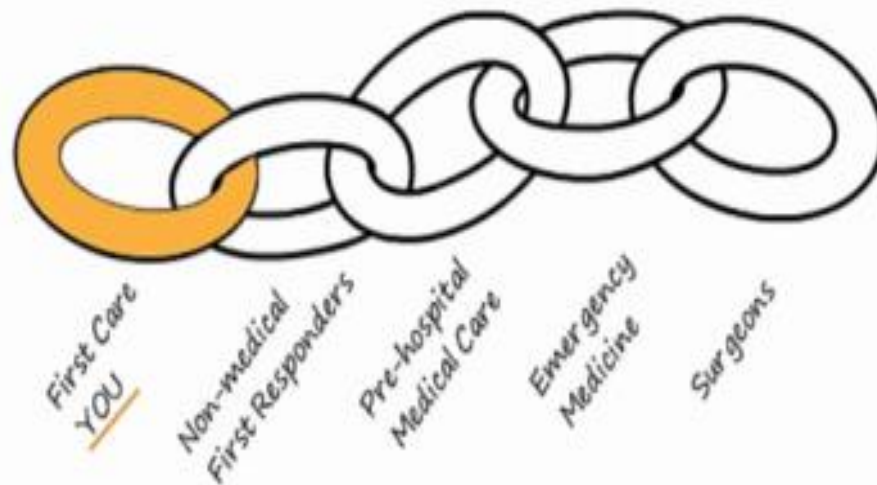


# GOAL OF THE COURSE

**Teach basic skills to keep people with life-threatening injuries alive until professional help arrives.**

## CHAIN OF SURVIVAL

How the emergency medical system flows to keep people with life-threatening injuries alive:



# COURSE OVERVIEW

- Welcome
- 1 You Make a Difference
- 2 Call 9-1-1
- 3 Stay Safe
- 4 Stop the Bleeding
- 5 Position the Injured
- 6 Provide Comfort
- Before You Go – Prepare to Help

## RESPONSE IMPACT

### EMS Response Time: 6-9 minutes\*

Life-threatening injuries can kill within minutes – before medical responders arrive. Simple actions save lives: you can take relatively easy steps that may have a great impact on survival.

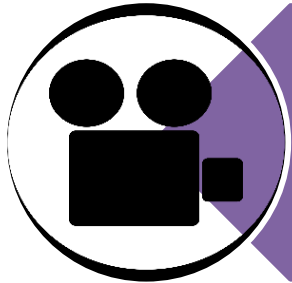
\* National Average



30 minutes is a long time. The person who's bleeding and continues to bleed and there's a giant puddle of blood on the ground which should be inside that person's body...



# OVERVIEW



**Interactive Video:** An interactive animated video that educates the public on what to do when their day takes a dangerous twist. Set in an amusement park, this interactive experience puts viewers in control of making lifesaving decisions for injured amusement park patrons.



**Web-based Training:** A 25-minute video tutorial explaining the steps people should take to help someone with life-threatening injuries. The video covers five main topics: call 9-1-1, protect the injured from harm, stop bleeding, position people so they can breathe, and provide comfort.

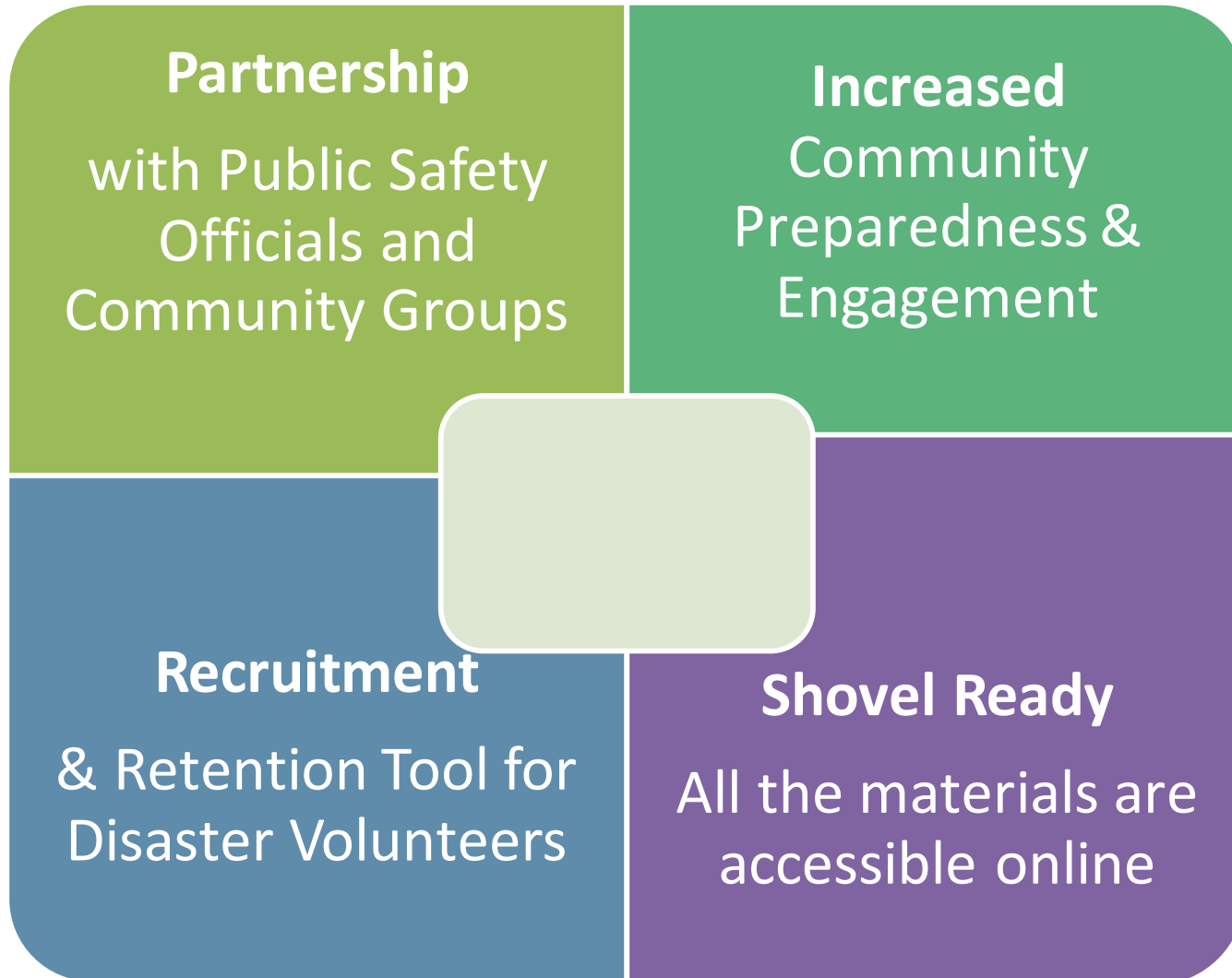


**Instructor-Led Curriculum:** Materials for a hands-on instructor led course that covers all five topics in-depth and includes videos and activities. There are no specific certification requirements for the instructors who teach the classroom training; however, instructors must be knowledgeable and comfortable teaching the content and answering questions.





# Program Benefits



# Starting a Program in your Community

- Lead Agency/Organization
  - Local Emergency Management, Public Safety, CERTs, MRCs
- Partner Agencies/Organizations
  - Diverse Instructors
- Advertising
  - Social Media & Traditional Media
  - Word-of-Mouth
  - Group email lists
- Materials/Equipment
  - Tourniquets (optional)



# Nashua, NH

## Public Safety Citywide Initiative

Lead by the City Office of  
Emergency Management  
-Nashua CERT  
-Police, Fire, EMS, Public Health,  
Mayor's Office

First course in the country  
was conducted on March  
7<sup>th</sup> with 36 participants

[www.nashuanh.gov/UHA](http://www.nashuanh.gov/UHA)



**NH1 News Network**

March 18 at 12:02pm

Nashua is participating in a national program to better prepare citizens with life-saving skills before first responders arrive.

Planning was accelerated after a vehicle veered off the road and struck the home of Justin Kates in January.



**Accident spurs participation in life-saving skills course | NH1**

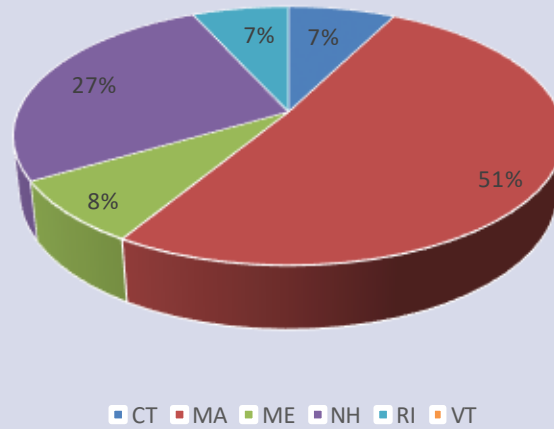
Planning was accelerated after a vehicle veered off a road and struck the home of Justin Kates in January.

NH1.COM

# Community Success Story

|                  |          |
|------------------|----------|
| Last updated on  | 7/2/2018 |
| Numbers by state |          |
| CT               | 136      |
| MA               | 929      |
| ME               | 144      |
| NH               | 484      |
| RI               | 123      |
| VT               |          |
|                  | 1816     |

UHA Trained in New England



# HOW TO GET INVOLVED

Talk with your local Emergency Management Office about hosting this training.

Take the web-based training

Visit <https://community.fema.gov/until-help-arrives>

Contact [Arlene.Magoon@fema.dhs.gov](mailto:Arlene.Magoon@fema.dhs.gov) for more information