

# Critical Incident Training


RESPONSE, ACTIONS AND PREVENTION

**SURVIV<sup>+</sup>VERMONT<sup>TM</sup>!**

**See Something, Say Something!**

**Run, Hide, Fight!**

**Stop The Bleed!**



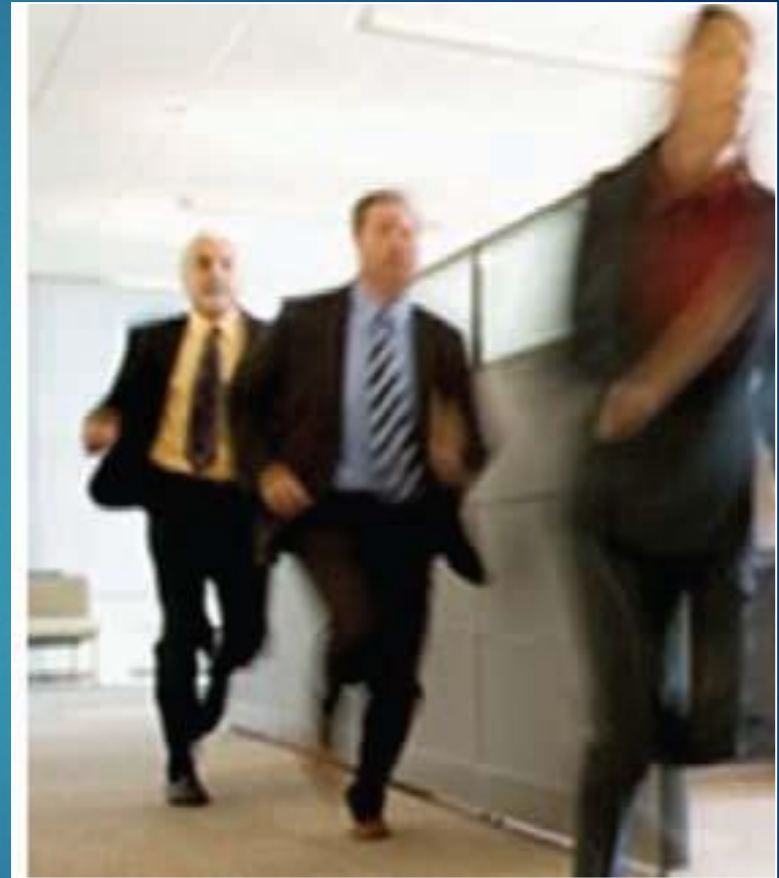
The following information is not intended to frighten, rather it is intended to inform and enhance the personal safety of employees, elected officials, volunteers, citizens, vendors or customers, and others.

# Definitions

- ▶ While this training will focus on the Active Shooter, it applies for other critical incidents to include:
  - ▶ Fire
  - ▶ Disturbed Individuals
  - ▶ Natural Disasters
  - ▶ Man Made Incidents
- ▶ An Active shooter is an individual actively engaged in killing or attempting to kill people in a confined and populated area

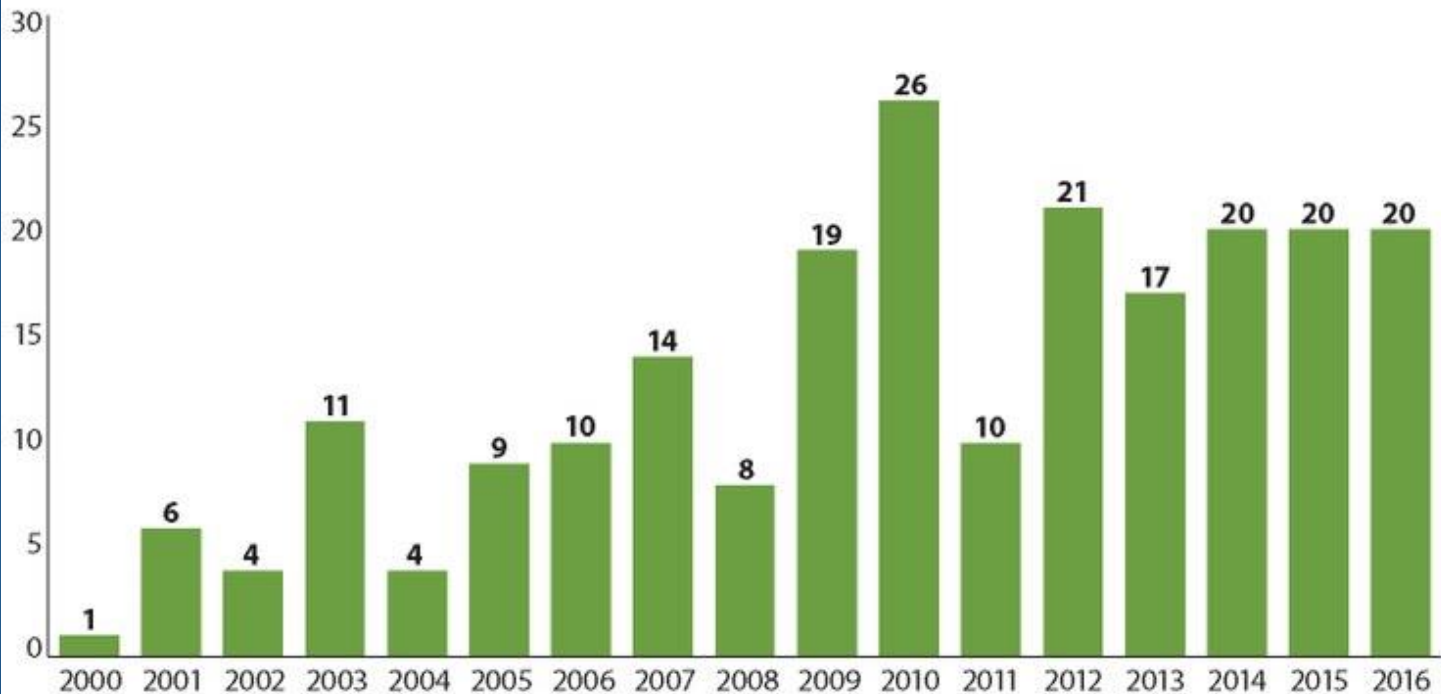
# Dynamics

- ▶ In most cases, active shooters use firearms(s) and there is no pattern or method to their selection of victims.
- ▶ Active shooter situations are unpredictable and evolve quickly
- ▶ Situations are often over within 3 to 5 minutes, before law enforcement arrives on the scene



# The Proliferation of Violence

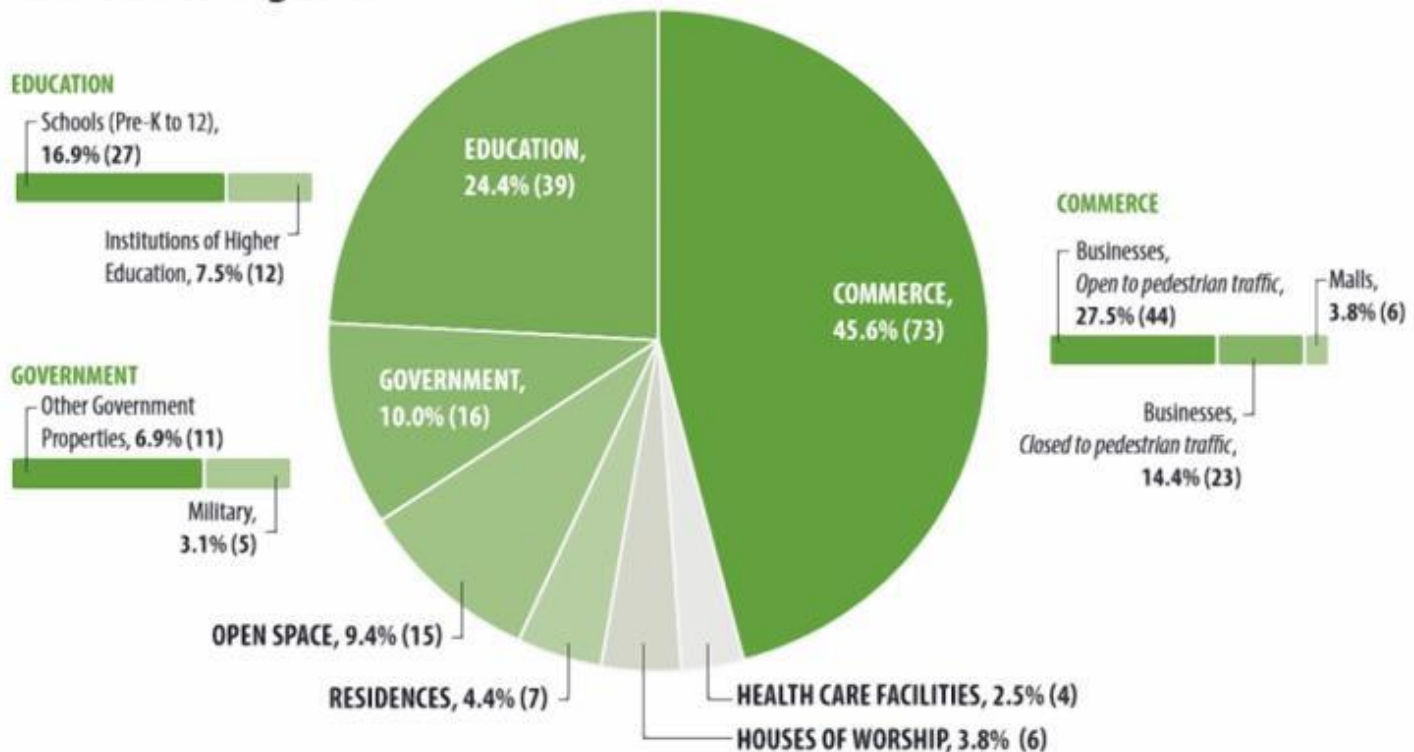
**Quick Look:** 220 Active Shooter Incidents in the United States Between 2000 - 2016  
**Incidents Per Year**



Source: Federal Bureau of Investigation, 2017

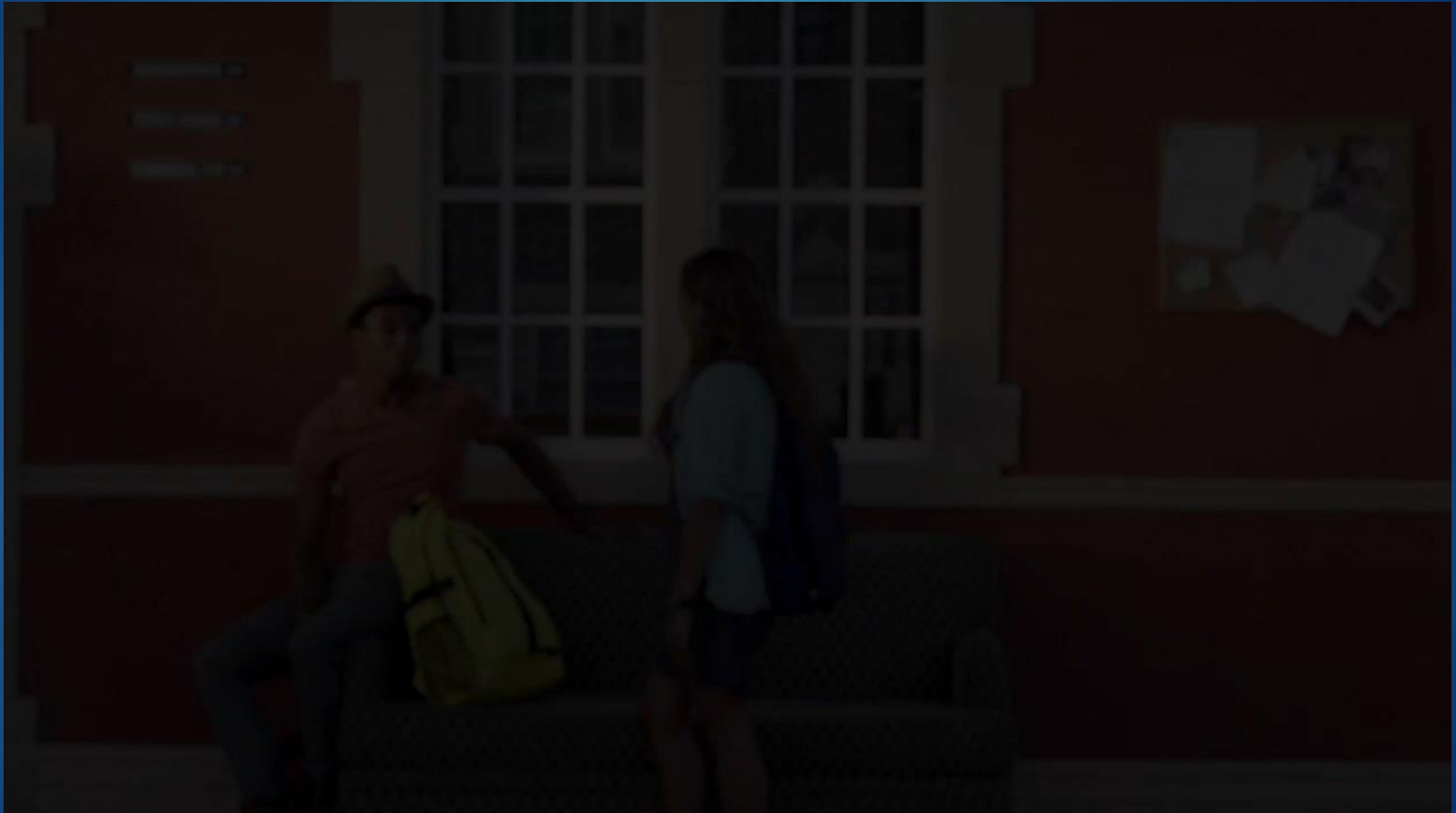
# The Proliferation of Violence

A Study of 160 Active Shooter Incidents in the United States Between 2000 - 2013:  
**Location Categories**



Source: Federal Bureau of Investigation, 2014

# Suspicious Activity? Let's take a test



# See something / Say Something

if you  
**SEE** | **SAY**  
something | something™

**REPORT  
SUSPICIOUS  
ACTIVITY**  
to local authorities.

Call **844-84V-TIPS** (844-848-8477)  
or visit <http://www.VTips.info>.  
If this is an emergency, call **9-1-1**.

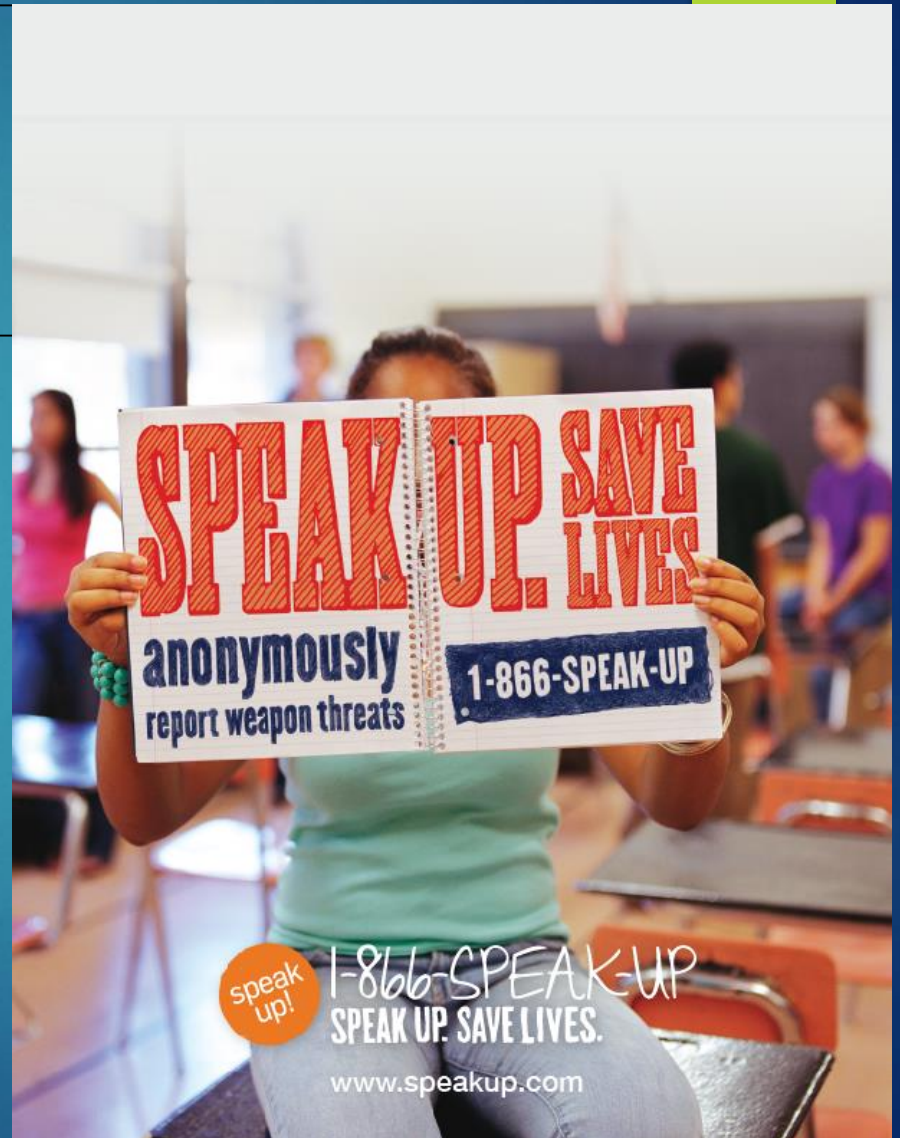
if you see something say something™ used with permission  
of the Vermont National Guard



- ▶ Many incidents can be prevented by awareness
- ▶ Report
  - ▶ Who or what you saw
  - ▶ When you saw it
  - ▶ Where it occurred
  - ▶ Why it's suspicious



Speakup.com



# Personal Preparation

- ▶ Be aware of your environment and any possible dangers
- ▶ Take note of the two nearest exits in any facility you visit

**be aware.**

# Police Response

- ▶ The Police mission is to stop the shooter as soon as possible.
- ▶ They will proceed directly to the area where the last shots were heard
  - ▶ The First Officer on the scene will respond to the threat
  - ▶ Officers may wear regular patrol uniforms or external bulletproof vests, Kevlar helmets, and other tactical equipment
  - ▶ Officers may be armed with rifles, shotguns, handguns
  - ▶ Officers may shout commands, and may push individuals to the ground for their safety

# Your Response to the Police

- ▶ Remain calm, and follow officers' instructions
- ▶ Put down any items in your hands (i.e., bags, jackets)
- ▶ Immediately raise hands and spread fingers
- ▶ Keep hands visible at all times
- ▶ Avoid making quick movements toward officers such as holding on to them for safety
- ▶ Avoid pointing, screaming and/or yelling
- ▶ Do not stop to ask officers for help or direction when evacuating, just proceed in the direction from which officers are entering the premises

# Information for 911

- ▶ Location of the active shooter
- ▶ Number of shooters, if more than one
- ▶ Physical description of shooter/s
- ▶ Number and type of weapons held by the shooter/s
- ▶ Number of potential victims at the location



# Actions



- ▶ If possible and you think you are able to get out safely... **do SO.**
- ▶ Have an escape route and plan in mind
- ▶ Evacuate regardless of whether others agree to follow
- ▶ Leave your belongings behind
- ▶ Help others escape, if possible





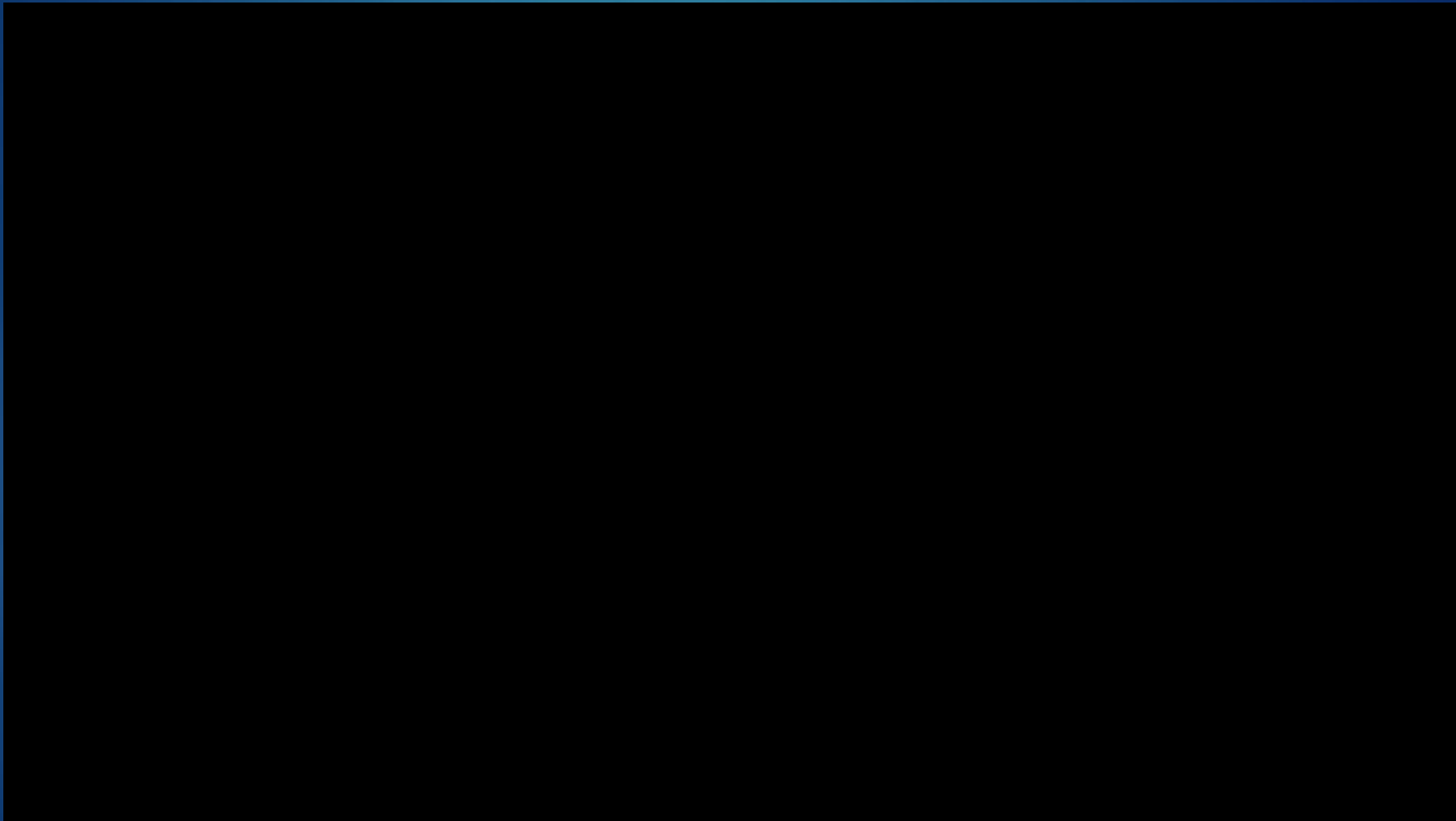
- ▶ If evacuation is not possible, find a place to hide where the active shooter is less likely to find you
- ▶ Be out of the active shooter's view
- ▶ Provide protection if shots are fired in your direction (i.e., an office with a closed and locked door)
- ▶ Not trap you or restrict your options for movement
- ▶ Lock the door
- ▶ Blockade the door with heavy furniture



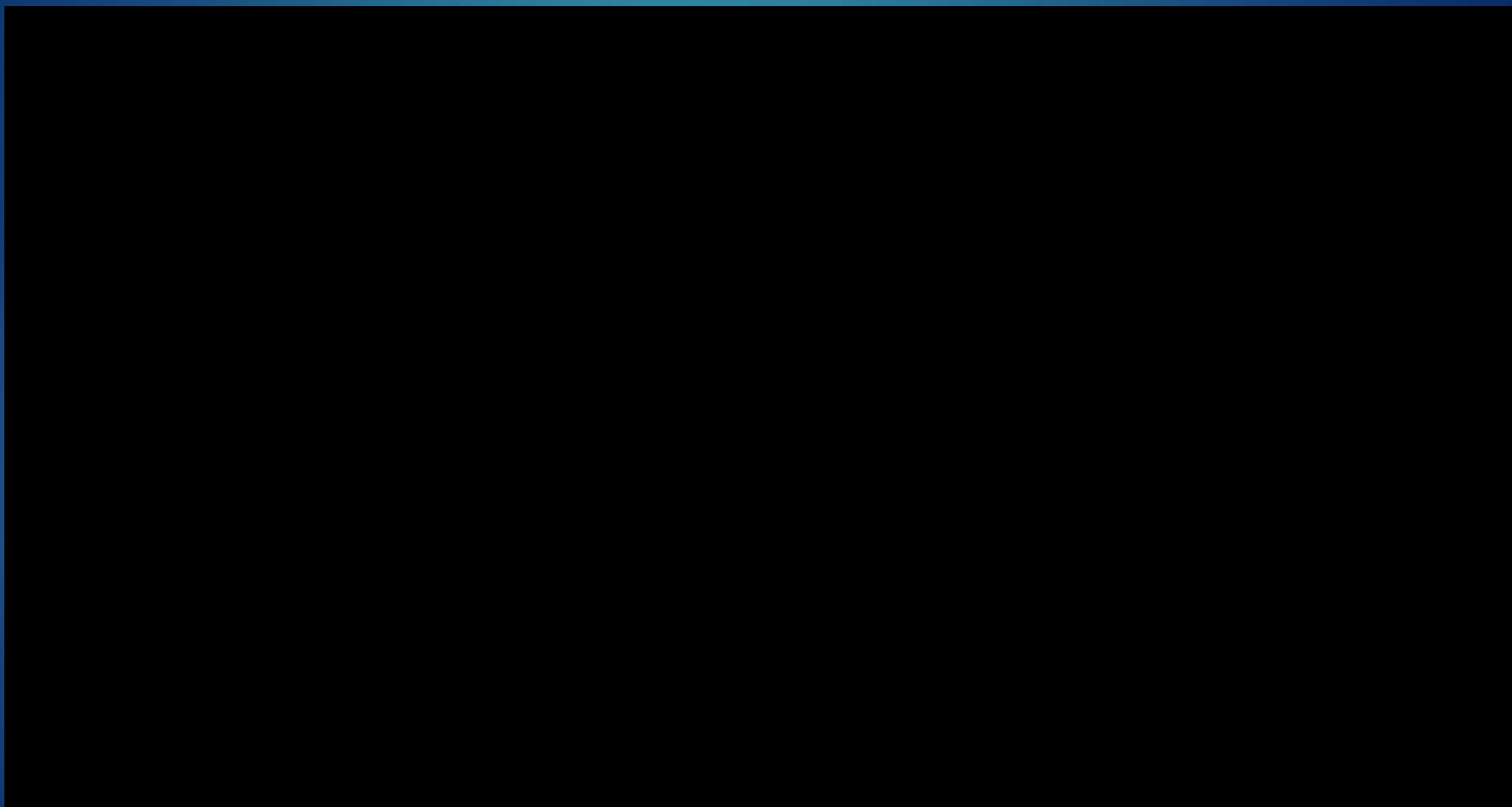


- ▶ As a last resort, and only when your life is in imminent danger, attempt to disrupt and/or incapacitate the active shooter by:
- ▶ Acting as aggressively as possible against him/her
- ▶ Throwing items and improvising weapons
- ▶ Yelling
- ▶ Committing to your actions

# Santa Anna Video



# University of Iowa Video



# Recognizing the Potential for Violence

- ▶ Employees
  - ▶ Increased use of alcohol and/or illegal drugs
  - ▶ Unexplained increase in absenteeism; vague physical complaints
  - ▶ Depression / withdrawal
  - ▶ Resistance and overreaction to changes in policy and procedures
  - ▶ Repeated violations of company policies
  - ▶ Increased severe mood swings
  - ▶ Noticeably unstable, emotional responses
  - ▶ Explosive outbursts of anger or rage without provocation

# Recognizing the Potential for Violence

- ▶ Others
  - ▶ Angry Outburst
  - ▶ Directed Threats
  - ▶ Clenching Fists
  - ▶ Removing Clothing
  - ▶ “Loosening up”
  - ▶ Clothing that does not match weather
  - ▶ Statements that do not make sense
  - ▶ Bags that look out of place



Questions?